TOWNSEND BARN NURSERY WINTER MENU

	Week 1	Week 2	Week 3	Week 4
	Monday	**Monday**	**Monday**	**Monday**
Snack 10:00	Fruit, crumpets, bagels, milk & water	Fruit, crumpets, bagels, milk & water	Fruit, crumpets, bagels, milk & water	Fruit, crumpets, bagels, milk & water
Lunch 12:00	Chilli Con Carne & Rice Fromage Frais	Tuna & Broccoli Pasta bake Jelly & Ice cream	Vegetable Pasta Napolitano & cheese Fromage Frais	Lemon Chicken Stir Fry & Rice Fruit Jelly
Snack 2:15	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water
Tea 4:45	Cheesy Tomato Pasta	Homemade Cheese & Tomato pizza	Beans on Toast	Spanish tortilla (eggs & potatoes)
	Tuesday	**Tuesday**	**Tuesday**	**Tuesday**
Snack 10:00am	Fruit, crumpets, bagels, milk & water	Fruit, crumpets, bagels, milk & water	Fruit, crumpets, bagels, milk & water	Fruit, crumpets, bagels, milk & water
Lunch 12:00	Chicken & Veg Casserole & Potatoes Banana Custard	Sausage, Parsnip & Bean Casserole, Rice Fromage Frais	Beef Keema, Rice & Chapattis Fresh Fruit Salad	Cottage Pie with Hidden Veg Fromage Frais
Snack 2:15	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water
Tea 4:45	Spanish tortilla (eggs & potatoes)	Cauliflower Cheese	Cheese & Ham Sandwiches, Vegetable Crudités	Macaroni Cheese & Salad
	Wednesday	**Wednesday**	**Wednesday**	**Wednesday**
Snack 10:00am	Fruit, crumpets, bagels, milk & water	Fruit, crumpets, bagels, milk & water	Fruit, crumpets, bagels, milk & water	Fruit, crumpets, bagels, milk & water
Lunch 12:00	Creamy Fish Pie, Carrots and Peas Fresh Fruit Salad	Spaghetti & Meatballs with Tomato Sauce Jam Sponge and Custard	Moroccan chicken, Cous cous & Tomato Sauce Fromage Frais	Chicken Curry & Rice Banana Flapjack
Snack 2:15	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water
Tea 4:45	Jacket Potatoes, Beans & Cheese	Fish fingers & Potato Wedges	Wraps with Ham & Cream Cheese	Jacket Potatoes with Tuna
	Thursday	**Thursday**	**Thursday**	**Thursday**
Snack 10:00am	Fruit, crumpets, bagels, milk & water	Fruit, crumpets, bagels, milk & water	Fruit, crumpets, bagels, milk & water	Fruit, crumpets, bagels, milk & water
Lunch 12:00	Sweet & Sour Chicken, Vegetables & Noodles Fromage Frais	Chicken and Vegetable Starry Pie Rice Pudding	Sweet Potato and Vegetable Curry Dairy Free Flapjack Fruit Crumble	Fish Cakes, Parsley Sauce, Potatoes & Peas Fromage Frais
Snack 2:15	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water
Tea 4:45	Vegetable Fingers & Potato Croquettes	Spaghetti Hoops and Frankfurters	Macaroni Cheese with Vegetables	Cheese, Ham & Potato Pie
	Friday	**Friday**	**Friday**	**Friday**
Snack 10:00am	Fruit, crumpets, bagels, milk & water	Fruit, crumpets, bagels, milk & water	Fruit, crumpets, bagels, milk & water	Fruit, crumpets, bagels, milk & water
Lunch 12:00	Broccoli & Cauliflower Cheese, Jacket Potatoes Cheese Cake	Fish Cakes, Parsley Sauce, Potatoes & Peas Fromage Frais	Sausages, Mashed Potatoes, Vegetables & Gravy Swiss Roll	Creamy Ham & Mushroom Pasta Bake
Snack 2:15	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water
Tea 4:45	Homemade Vegetable soup & rolls	Homemade Vegetable soup & rolls	Homemade Vegetable soup & rolls	Homemade Vegetable soup & rolls