## TOWNSEND BARN NURSERY SUMMER MENU

	Week 1	Week 2	Week 3	Week 4
	Monday	Monday	Monday	Monday
Snack 10:00	Fruit, crackers, milk & water	Fruit, crackers, milk & water	Fruit, crackers, milk & water	Fruit, crackers, milk & water
Lunch 12:00	Chilli Con Carne & Rice	Tuna Pasta Bake, salad	Bolognaise Pasta bake, Garlic Bread, grated carrot & sultana salad	Lemon chicken Cous Cous salad with apple & Carrot coleslaw
	Fromage Frais	Golden Rice Crispie Cake	Fromage Frais	Fromage Frais
Snack 2:15	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water
Tea 4:45	Quiche, cucumber and tomatoes	Sausage Roll, cucumber and tomatoes	Beans on Toast	Sandwiches
	Tuesday	Tuesday	Tuesday	Tuesday
Snack 10:00am	Fruit, crackers, milk & water	Fruit, crackers, milk & water	Fruit, crumpets, bagels, milk & water	Fruit, crackers, milk & water
Lunch	Vegetable and Bean Casserole & Potatoes	Hunter's Chicken, new potato salad, sweetcorn	Cauliflower/ Broccoli Cheese, jacket potato, peas	Sweet & Sour Sausages, Rice
12:00				
	Lemon shortbread biscuit	Carrot Cake	Fresh Fruit Salad	Scone, jam and butter
Snack 2:15	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water
Tea 4:00	Sandwiches	Fish fingers and potato shapes	Cheese & Ham Sandwiches, Vegetable Crudités	Macaroni Cheese & Salad
	Wednesday	Wednesday	Wednesday	Wednesday
Snack 10:00am	Fruit, crackers, milk & water	Fruit, crackers, milk & water	Fruit, crumpets, bagels, milk & water	Fruit, crackers, milk & water
Lunch 12:00	Chicken and Vegetable Pasta, Garlic bread	Spaghetti & Meatballs with Tomato Sauce	Moroccan chicken, Cous Cous & Tomato Sauce	Spaghetti & Meatballs
	Fromage Frais	Fruit salad	Fromage Frais	Fresh Fruit
Snack 2:15	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water
Tea 4:00	Jacket Potatoes, Beans & Cheese	Sandwiches	Quiche, cucumber & tomatoes	Jacket Potatoes with Tuna
	Thursday	Thursday	Thursday	Thursday
Snack 10:00am	Fruit, crackers, milk & water	Fruit, crackers, milk & water	Fruit, crumpets, bagels, milk & water	Fruit, crackers, milk & water
Lunch 12:00	Sausages, Mash and Vegetables	Marinated Chicken, rice and vegetables	Roasted vegetable pasta bake	Vegetable Curry & Rice
	Sultana Flapjack	Victoria Sponge Cake	Jelly	Fromage Frais
Snack 2:15	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water
Tea 4:00	Spaghetti on Toast	Spaghetti Hoops and Frankfurters	Macaroni Cheese with Vegetables	Sandwiches
	Friday	Friday	Friday	Friday
Snack 10:00am	Fruit, crackers, milk & water	Fruit, crackers, milk & water	Fruit, crumpets, bagels, milk & water	Fruit, crackers, milk & water
Lunch 12:00	Fish fingers, oven chips & peas	Fish Cakes, Parsley Sauce, Potatoes & Peas	Fish Fingers, Oven Chips, peas	Fish Cakes, Parsley Sauce, Potatoes & Peas
	Jelly and Fruit	Fromage Frais	Swiss Roll	Cheesecake
Snack 2:15	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water	Fruit, breadsticks, crackers, milk & water
Tea 4:00	Homemade Vegetable soup & rolls	Homemade Vegetable soup & rolls	Homemade Vegetable soup & rolls	Homemade Vegetable soup & rolls